



# Community Dietitian

<b>Status:</b>	Full-time, permanent
<b>Location:</b>	Cambridge
<b>Hours:</b>	35 hours/week (5 days)
<b>Paid Time Off:</b>	3 weeks vacation, plus sick days, spiritual/cultural leave, birthday
<b>Benefits:</b>	Comprehensive health, dental, travel insurance, and more
<b>Pension:</b>	HOOPP
<b>Posting Date:</b>	December 15, 2022
<b>Deadline:</b>	Open until filled

**Southwest Ontario Aboriginal Health Access Centre (SOAHAC)** strives to provide quality, wholistic health services by sharing and promoting traditional and western health practices to enable people to live in a more balanced state of well-being. SOAHAC provides services to Indigenous people including those who live on and off reserve, status, non-status, Inuit and Métis within the southwest region. SOAHAC has a mandate of ensuring that health services are accessible, of high quality and are culturally appropriate. Currently, we are seeking the services of a **Community Dietitian** to join our interdisciplinary staff team based at our Waterloo Wellington site in Cambridge.

Reporting to the Integrated Care Manager, the Community Dietitian will provide education, awareness and support for Indigenous people, their families/caregivers in various areas of nutrition including, general healthy eating, chronic disease management with nutrition, health promotion in both individual counseling and group workshop settings. The Dietitian will participate in the development, implementation, monitoring and evaluation of the programs and services pertaining to local Indigenous healthy lifestyles practices. This role serves the Indigenous communities in Waterloo Wellington and surrounding First Nations.

## **Responsibilities:**

- Developing Care Plans, conducting assessments, and provide education on management and treatment options in a safe manner
- Providing nutritional assessments and care plan for clients with different conditions and various age groups
- Reviewing clinical lab reports and other health information; providing education, intervention, and monitoring at various stages and conditions
- Teaching clients basic to intermediate diabetes management skills including goal setting strategies
- Documenting client diabetes and nutritional health history in an efficient, timely manner
- Evaluating client understanding and outcomes of self-management initiatives
- Maintaining close collaborative working relationships with other allied health professionals
- Planning, developing and delivering group workshops on various nutrition-related topics
- Delivering dietitian services to First Nation Communities in London & Middlesex
- Services include group education workshops and individual nutrition counselling

**Requirements:**

- 3-5 years' experience in providing nutrition and diabetes education in both individual and group settings
- Ongoing membership and in good standing with the College of Dietitians of Ontario
- Certified Diabetes Educator (CDE) an asset
- Strong organizational skills with the ability to work effectively and independently
- Knowledge of culture and local Indigenous communities in southwestern Ontario
- Comprehensive understanding of the social determinants of health
- Group facilitation skills and motivational counselling skills is an asset
- Excellent knowledge of diabetes, based on current Canadian Clinical Practice Guidelines, prevention strategies, its treatment, management, and its impact on Indigenous Peoples
- A strong awareness of the social determinants of health and the impacts on Indigenous Health and Wellness a strong asset
- Ability to establish and maintain effective working relationships with others and across teams
- Excellent interpersonal skills with the ability to communicate clearly. This position will require the ability to apply individual and group counselling skills
- Ability to establish and maintain effective working relationships with others and across teams
- Computer literacy including skills in MS Office and Electronic Medical Records (PSS an asset)
- Willingness to participate in ongoing Indigenous teachings and ceremonies
- Valid Ontario Driver's "G" license and access to reliable transportation
- Clean and current police check as a condition of employment
- Up-to-date immunization records including at least 2 COVID-19 immunizations

**This job may require additional responsibilities and duties as assigned by Southwest Ontario Aboriginal Health Access Centre.**

*SOAHAC values diversity and is an equal opportunity employer; however, hiring preference will be given to qualified Indigenous applicants (please self-identify). SOAHAC is committed to providing employment accommodation in accordance with the Ontario Human Rights Code and the Accessibility for Ontarians with Disabilities Act. If you require accommodation to apply or if selected to participate in an assessment process, please advise Human Resources.*

**If you are interested in applying for this position, please forward your cover letter and resume to:**

Email: [careers@soahac.on.ca](mailto:careers@soahac.on.ca)

Subject Line: **Community Dietitian, Cambridge**

Or Attention: **Human Resources  
Southwest Ontario Aboriginal Health Access Centre  
425 – 427 William Street  
London, ON N6B 3E1**

*Please visit Southwest Ontario Aboriginal Health Access Centre online at: [www.soahac.on.ca](http://www.soahac.on.ca) or like us on [www.facebook.com/soahac](https://www.facebook.com/soahac) to learn more about us!*

*We thank all those for applying but only those selected for an interview will be contacted.*