

# ONEIDA NATION OF THE THAMES

ONEIDA ADMINISTRATION OFFICE  
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SOUTHWOLD, ONTARIO  
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## JOB POSTING

**Position:** Cook and Nutritional Wellness Worker  
**Term:** Permanent Full-Time  
**Department:** Oneida Family Healing Lodge  
**Division:** Community and Social Services  
**Salary:** Competitive salary range  
**Hours:** 35 hours per week, Monday to Friday, 10:00 a.m. to 6:00 p.m., must be flexible to align work schedule with program requirements which may include some evenings, weekends, and statutory holidays

**Posting Date: February 27, 2026**

**Closing Date: March 13, 2026, at 4:30p.m.**

### **JOB SUMMARY:**

The **Cook and Nutritional Wellness Worker** is responsible for planning, preparing, and serving nutritious and culturally appropriate meals for women, children, and families residing at the Oneida Family Healing Lodge. As a member of a trauma-informed and culturally safe team, this position supports the healing journey of Indigenous clients by maintaining a welcoming, respectful, and nourishing kitchen environment.

Key responsibilities include meal preparation, maintaining kitchen cleanliness, ensuring compliance with food safety standards, and working with shelter staff to meet a range of dietary, spiritual, and cultural needs.

The Cook and Nutritional Wellness Worker may also support community food programming, including traditional food teachings and workshops, when appropriate.

### **EDUCATION:**

1. A Post-Secondary Certificate or Diploma in Food Services, Culinary Arts, or a related field is preferred.
2. Valid Safe Food Handling certification is required.
3. Current First Aid/CPR certification is required.

### **EXPERIENCE:**

1. Demonstrated experience preparing meals for groups in a community, residential, shelter, or institutional setting.
2. Understanding of, or willingness to learn about the Oneida culture, traditional foods, and community wellness practices.
3. Experience in planning menus that consider allergies, dietary restrictions, and health conditions (e.g., diabetes-friendly, vegetarian).
4. A valid Class "G" driver's license and use of company vehicle is required.

### **MANDATORY DOCUMENTATION WITH APPLICATION:**

1. A cover letter addressing the qualifications listed above **must** be included with your application.
2. Resume.

### **REQUIREMENTS PRIOR TO STARTING EMPLOYMENT:**

1. The successful candidate must submit a Vulnerable Sector Check (completed within a 30-day timeframe), **at their own expense**.
2. The successful candidate must submit a copy of valid Class "G" driver's license and a driver abstract (completed within a 30-day timeframe), **at their own expense**.
3. The successful candidate must submit a copy of applicable educational qualifications (certificates, diplomas, degrees, etc.).

**Submit all mandatory documentation to [hr.recruitment@oneida.on.ca](mailto:hr.recruitment@oneida.on.ca).**

- Late applications will not be accepted.
- All applications will be screened according to the above qualifications, including a full and complete application as requested.
- **Only those selected for interviews will be contacted.**
- A registered member of a First Nation as per Section 16(1) of the Human Rights Act, is preferred.
- Oneida Nation is committed to workplace diversity and provides accommodations to applicants with disabilities throughout our hiring process. If you require accommodations, please contact Human Resources.

**To request a full job profile, contact the Human Resources Department at 519-652-3244 ext. 827 or by email [hr.recruitment@oneida.on.ca](mailto:hr.recruitment@oneida.on.ca).**